PSHE 2026-7

Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
7	**Health & wellbeing:** Secondary transition & friendships	**Health & wellbeing:** Relationships, families & healthy living	**Living in the wider world:** Business	**Health & wellbeing:** Puberty & hygiene	**Health & wellbeing:** First aid	**Living in the wider world:** Finance
8	**Health & wellbeing:** First aid	**Relationships:** RSE	**Living in the wider world:** Online safety	**Health & wellbeing:** Mental health issues	**Relationships:** Prejudice & discrimination	**Living in the wider world:** Education & employment
9	**Health & wellbeing:** Drugs & alcohol	**Relationships:** Sex & contraception	**Living in the wider world:** Careers	**Health & wellbeing:** Mental health issues	**Relationships:** Gangs & knife crime	**Health & wellbeing:** Family
10	**Health & wellbeing:** Mental & physical health	**Relationships:** Sexual identity, consent, contraception, menopause		**Living in the wider world**: Interview preparation, loans and debt	**Living in the wider world**: College taster days, CVS, work experience	
11	**Living in the wider world:** Applying for college, interviews	**Health and wellbeing:** Drugs, tobacco & alcohol	**Health and wellbeing:** Sexual health and relationships		Exam preparation	