Physical Education KS4 2026-7

Year	Pathway	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
10	**GCSE/competitive**	Badminton/Netball *(Skill Acquisition)*	Rugby/Basketball *(Skill Acquisition)*	Table Tennis *(Skill Acquisition)*	Trampolining *(Skill Acquisition)*	Athletics *(Skill Acquisition)*	Tennis *(Skill Acquisition)*
	Traditional enjoyment	Fitness/Invasion	OAA/Net games	Trampolining	Netball/Gym	Cricket/Rounders	Wide games
	Alternative enjoyment	Net Games/OAA	Kinball/Rocket ball	Volleyball/Fitness	Trampolining	Flag Football	Stoolball/Rounders
	Dance	Dance	Dance	Dance	Dance	Dance	Dance
	Girls only	Dodgeball/Invasion	Trampolining/Dance	Net games	Gymnastics/OAA	Wide games	Rounders
	Football academy	Football	Football	Football	Football	Football/Athletics	Football
11	**GCSE/competitive**	Badminton/Netball *(Moderation)*	Rugby/Basketball *(Moderation)*	Table tennis *(Moderation)*	Trampolining *(Moderation)*	**Internal moderation**	
	Traditional enjoyment	Fitness/Invasion	OAA/Net games	Trampolining	Netball/Gym	**PE options**	
	Alternative enjoyment	Net games/OAA	Kinball/Rocket ball	Volleyball/Fitness	Trampolining	**PE options**	
	Dance	Dance	Dance	Dance	Dance	**PE options**	
	Girls only	Dodgeball/Invasion	Trampolining/Dance	Net games	Gymnastics/OAA	**PE options**	
	Football academy	Football	Football	Football	Football	**PE options**	

This map represents a taste of what students will experience in their time through KS4 PE. At KS4, learning experience is based on developing lifelong love and passion for physical activity and is therefore more bespoke to the needs of the students. Students can choose which pathway they want to follow. For some groups, core PE lessons aid in the moderation of their practical performance for GCSEs.