Physical Education KS3 2026-7

Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
7	**BASKETBALL** *Teamwork* **GYMNASTICS** *Confidence*	**SWIMMING** *Confidence* **FOOTBALL** *Communication*	**TABLE TENNIS** *Responsibility* **RUGBY** *Communication*	**DANCE** *Confidence* **BADMINTON** *Responsibility*	**ATHLETICS** *Responsibility* **STRIKING & FIELDING** *Teamwork*	**TENNIS** *Responsibility* **OAA** *Communication*
8	**FITNESS** *Resilience* **TRAMPOLINING** *Feedback*	**NETBALL** *Teamwork* **DANCE** *Creativity*	**GYMNASTICS** *Feedback* **BASKETBALL** *Communication*	**RUGBY** *Decision Making* **TABLE TENNIS** Feedback	**ATHLETICS** *Resilience* **ROUNDERS** *Decision Making*	**CRICKET** *Decision Making* **TENNIS** *Confidence*
9	**FITNESS** *Leadership* **FOOTBALL/RUGBY** *Problem Solving*	**NETBALL** *Responsibility* **TABLE TENNIS** Decision Making	**GYMNASTICS** *Creativity* **BADMINTON** *Feedback*	**HANDBALL** *Responsibility* **DANCE** *Feedback*	**ATHLETICS** *Feedback* **TENNIS** *Problem Solving*	**SOFTBALL** *Confidence* **CRICKET** *Problem Solving*

This curriculum map represents a taste of what students will experience in their time through KS3 PE. In KS3 all students experience the same curriculum, but at different times of the year on a rotation. We use progression maps to ensure that students experience challenge and each lesson at KS3 has a practical and cognitive focus.