

CORE PHYSICAL EDUCATION

YEAR	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
7	BADMINTON/ TABLE TENNIS BASIC SKILLS	GYMNASTICS TEAMWORK	FITNESS RESPONSIBILITY	BASKETBALL BASIC SKILLS	ATHLETICS COMMUNICATION	DANCE CREATIVITY
	TEAMWORK/ OAA TEAMWORK	RUGBY RESILIENCE	NETBALL COMMUNICATION	FOOTBALL RESPONSIBILITY	SWIMMING RESILIENCE	STRIKING AND FIELDING TEAMWORK
8	GYMNASTICS CREATIVITY	BASKETBALL TEAMWORK	DANCE CREATIVITY	INVASION INSIDE DECISION MAKING	ATHLETICS RESPONSIBILITY	ROUNDERS TEAMWORK
	INVASION COMMUNICATION	RUGBY RESILIENCE	FITNESS RESILIENCE	TABLE TENNIS FEEDBACK	TEAMWORK/ OAA COMMUNICATION	CRICKET FEEDBACK
9	INVASION PROBLEM SOLVING	DANCE FEEDBACK	INVASION FIELD LEADERSHIP	INVASION INSIDE DECISION MAKING	ATHLETICS RESPONSIBILITY	ROUNDERS TEAMWORK
	BASKETBALL DECISION MAKING	GYM/ TRAMPOLINING CREATIVITY	FITNESS RESILIENCE	TABLE TENNIS FEEDBACK	TEAMWORK/ OAA COMMUNICATION	STRIKING AND FIELDING FEEDBACK
10	TABLE TENNIS ALTERNATIVE ACT. WIDE GAMES	BASKETBALL FITNESS HANDBALL	OAA BADMINTON OUTDOOR INVASION	TRAMPOLINING FOOTBALL TENNIS	WIDE GAMES BADMINTON BASKETBALL	ATHLETICS CRICKET
11	TABLE TENNIS ALTERNATIVE ACT. WIDE GAMES	BASKETBALL FITNESS HANDBALL	OAA BADMINTON OUTDOOR INVASION	TRAMPOLINING FOOTBALL TENNIS	WIDE GAMES BADMINTON BASKETBALL	

This map represents a taste of what students will experience in their time through KS3 and KS4 PE. In KS3 all students experience the same curriculum, but at different times of the year on a rotation. We use progression maps to ensure that students experience challenge and each lesson at KS3 has a practical and cognitive focus. At KS4, learning experience is based on developing lifelong love and passion for physical activity and is therefore more bespoke to the needs of the students.